

PARISH NEWS

FOR

WINTERTON, APPLEBY, ROXBY & WINTERINGHAM



FEBRUARY 2021

35P

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Reader	Ms Elaine Southern, 52 Princess House, Scunthorpe	07903817904
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	Mrs Chris Cooke, 10 West Street, Winterton	07905137760
Sacristan:	Mr Frank Jervis, 55 De Lacy Way, Winterton	732056
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Churchwardens:	Mr Peter Abbey, 41 North Street, Roxby	732655
	Mr Terry Hodges, 57a North Street, Roxby	732430
St BARTHOLOMEW'S CHURCH Appleby		
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ALL SAINTS' CHURCH Winteringham		
Churchwardens:	Mr Chris Knowles, 16 West End Winteringham	734213
	Mrs Alison Bell, 10 Meggitt Lane, Winteringham	733741
Group Magazine Editor:	Miss Freda Berisford, 5 West Street, Winterton	732137
Distribution:	Miss Freda Berisford, 5 West Street, Winterton	732137
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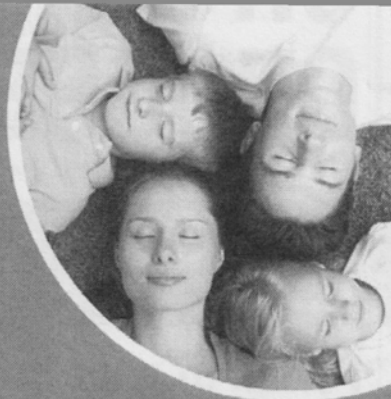
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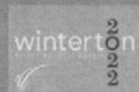


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A Letter from Vicar

Dear All,

It really is feeling a bit like the "Bleak Midwinter", but the days are slowly but surely lengthening and occasionally we get some pleasant sunshine, which hopefully cheers up our current lockdown.

Currently I am under social isolation measures, prior to my long awaited hip operation. By the time you read this letter I should be in what they call "rehabilitation", and learning to walk again properly. Bring on the day. I anticipate being signed off sick for some weeks and certainly won't be able to drive for around six of them. I will NOT be ill, but recovering, so if you see me in the street, fulfilling my prescribed increasing daily walks please stop and chat in whatever way social distancing/ lockdown rules permit. However, I will be stepping back from parish duties for as long as I am advised as I will need to concentrate on mending.

In a sense it is good that this is happening to me during lockdown, as hopefully by the time I'm able to get out and about, visiting nature reserves etc there will be fewer restrictions, so I can get important aspects of my life back.

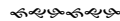
However, I am deeply mindful of many people who are in a similar situation to me, but are having procedures postponed. Please pray for them and our NHS and support services.

Being off won't stop me praying for you, so feel free to email or phone me with any news, and of course I'd welcome your prayers for a good and uneventful recovery.

BREAKING NEWS: ALICE'S OPERATION PUT OFF UNTIL MARCH

In Christ Love

Alice



From the Registers December 2020 – January 2021

Funerals

Trevor BARLEY 84	29.12.20	Roxby
David Mark SQUIRE 59	11.01.21	Winterton
John Henry HOULDRIDGE 90	27.01.21	Winterton



A note from the Editor

Because of the rapidity with which the Lockdown rules keep changing this month's magazine will be on line. You can access it via All Saints' website—just type in parish magazine for Winterton, Roxby and you will be taken straight to the magazine site. I will also e-mail a PDF version to those of you whose address I have and would be grateful if you could forward it to friends who take the magazine.



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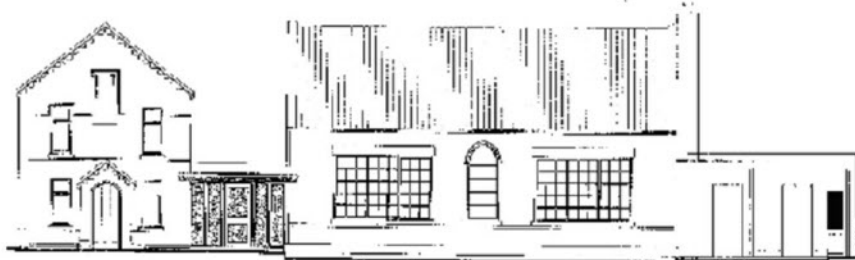
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It is just over twenty years on Advent Sunday 2000 since the Church of England introduced Common Worship, a mere 450 years after the first Book of Common Prayer was published in 1549. When Henry VIII broke the church away from Rome in 1533 to marry Anne Boleyn, not only was he excommunicated but the English Reformation had begun. Sixteen years later the Book of Common Prayer was issued in 1549. It was the first publication of a prayer book with the Liturgy in the English language for use in all churches in the land and it essentially contained the Latin liturgy now written in the common tongue.

The Eucharist was entitled, "The Supper of the Lorde, and the holy Communion, commonly called The Masse". It was put together by Thomas Cranmer, Archbishop of Canterbury, from a myriad of liturgical books that were in use all over England such as Missals, Breviaries and Antiphonals. In fact there were also a number of different liturgical rites that belonged to the ancient cathedral churches. Most well known is the Sarum Use from Salisbury, but there were other rites in use at York and Hereford and more than likely there was a Lincoln Rite as well. The 1549 book also compressed the daily offices into Mattins and Evensong and required the bible to be read in English.

Up to then it had been a tradition for over 300 years for Communion to be received only in one kind in the mouth (the Host) on the tongue and only the Priest received the chalice. The 1549 Prayer Book required the Priest to continue to place the Host in the communicant's mouth "*as some conveyed the same secretly away*" and also to offer the chalice to the congregation. As we all know, this old practice of receiving in one kind has again become the norm during the Coronavirus pandemic. The Priest was also required to face the congregation while celebrating the Eucharist – something that lost favour over the recent centuries but is now once again the usual practice in Common Worship.

Reformers criticised the 1549 Prayer Book and it was significantly revised in 1552. This version was used for a few months until the death of Edward VI when Queen Mary restored the old Roman Rite. However, after Mary's death in 1558 Elizabeth I restored a modified version of the 1552 book and events remained fairly stable until 1604 when James I added the Catechism. Forty years later use of the Prayer Book was abolished because of the events of the Civil War and it was not restored until 1662, following the fall of Oliver Cromwell. The 1662 version is still the official version of the Prayer Book authorised for use by Parliament. Many other denominations have incorporated many of the Prayer Book offices for their own liturgies.

There was a proposal to revise the Prayer Book in 1928 but it was not passed by Parliament. In the 1960s alternative forms of service (ASB Series 2 and 3) were authorised for twenty years as an experimental form. Eventually after much discussion in synods Common Worship was published and authorised for use in public worship in the Church of England.

A Common Lectionary was agreed by most of Christendom and three readings and a psalm were introduced to the Eucharist each Sunday so that over a three year period most of the four Gospels were read in church. Churches of many denominations are now using the same readings each Sunday. And Common Worship has

almost come full circle. In many ways it takes the liturgy back to the running order of the 1549 prayer book, and it matches the order of the modern Roman Catholic Eucharist. Nothing stands still and liturgy needs to evolve and will probably change again in the future. But our beloved Church of England remains Catholic but Reformed. And finally it is interesting to note that the word *protestant* does not appear anywhere in the Book of Common Prayer.

Russell Walshaw



Early Christian Lincolnshire.

In AD 313 the Emperor Constantine (AD 306-337) issued the edict of Milan, which gave Christianity an official status within the Roman Empire, setting it on its way to becoming the Empire's official religion. That's the Roman Empire, but what effect did it have around here in darkest Lincolnshire? By the fourth century Lincolnshire appears prosperous and Lincoln was a highly successful city, having become the capital of one of the provinces of Roman Britain. In view of this it would be hardly surprising if a bishop from Lindsey attended the Council of Arles in AD 314. However, there is a problem and, as is usual with Lincolnshire, we were sort of missed out of the record. There are four entries for Britain. The first clearly refers to York, but the second and third both seem to refer to London. It is thought that the third entry '*Adelphius episcopus de civitate Colonia Londiniensium*' should refer to 'Adelphius bishop of the city of *Colonia Lindensium*' ie Lincoln. So we seem to have had a bishop. Other things were going on in Lincoln. Archaeological excavations revealed a series of churches built within the forum, the very heart of the city. To do this the Christian community must have had some power.

There are other pieces of evidence for Christianity in Roman Lincolnshire. Part of a lead tank found at Walesby bears the chi-rho symbol used by early Christians. This consists of two letters, looking like an over-laid X (chi) and P (rho) representing first two letters of *Khristos*, Christ in Greek (only later was the cross adopted as the Christian symbol). Other similarly marked lead tanks have been found and it is thought that they were used for baptisms. People around here were, however, still having mosaic floors laid decorated with scenes from classical, pagan, mythology which was clearly not a problem for them.

The Roman Empire fell and Britain was taken over by the Anglo-Saxons who brought with them their own gods, Tiw, Woden, Thunor (remembered as days of the week, Tuesday, Wednesday, Thursday). What we don't know is how much Christianity survived amongst the British people who must have still made up most of the population. However, around AD 626 St. Paulinus came down from Northumbria to convert Lindsey.

Paulinus had arrived in England with a party of clerics sent, in 601, as a reinforcement to St Augustine's mission to Kent. In 625 he travelled to Northumbria with Ethelburga of Kent when she married King Edwin who, while not a Christian, was sympathetic and eventually accepted Baptism. Early in his mission Paulinus visited

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Lindsey and preached at Lincoln, where his first convert was Blæcca the 'Prefect of the city of Lincoln,' together with his family. Bede, writing around 731, recorded an account given to him by Deda, who was Abbott of the monastery of Partney and who had known an old man who *'had been baptized by Paulinus in the presence of king Edwin together with a great crowd of people, in the river Trent near a city that the English call Tiowulfingacæstir (probably Littleborough).* Remarkably, he went on to give a physical description of St Paulinus who *'was tall, with a slight stoop, black hair, a thin face, a slender aquiline nose, and at the same time he was both venerable and awe-inspiring in appearance'.* Paulinus built a stone church in Lincoln *'of remarkable workmanship'* This building was in ruins by the time that Bede was writing, but its walls were still standing and *'every year miracles of healing are performed in this place, for the benefit of those who seek them in faith'.*

Lindsey went on to have its own bishops and became a Christian kingdom. In the collection at the North Lincolnshire museum is a small gold cross found at Newball which is the first evidence we have for Christianity in Anglo-Saxon Lindsey. It is hollow and may have contained a relic. What is interesting is that the cross-piece is set below the centre-line and not, as is usual on crosses, towards the top. We see this on other Anglo-Saxon crosses or mounted coins. What we need to remember is the woman who wore it around her neck, if she raised it to her face it would be right way up. She was wearing it, not for other people, but for herself. I like that.

Dr Kevin Leahy FSA, British Museum



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Clean and Green

As you will probably be aware, we have been working on ideas to make Winterton more sustainable, green and clean. We have some plans to take forward - we plan to implement some of these activities in 2021 - but we need the help and input of residents and organisations in the town. Areas where we particularly need people and their expertise are: walking and cycling; growing your own; biodiversity; and natural play areas. Get in touch with kerrie.prowting@vanl.org.uk to get involved!

Arts and Culture Group

Covid may have held us back, but the first meeting of the Winterton Arts and Culture group took place in the summer last year. We are looking at how we can use the arts to make Winterton an even better place to live. From painting to photography, pottery to cooking - we want to hear from you! Want to join in? Get in touch using the details below.

We hope you are keeping safe and well during these uncertain times. We know that there are and have been many challenges in which individuals are facing and we are trying to do our bit to help where we can.

We're delighted to be able to offer a help service to the people of Winterton in association with Changing Lives Through Changing Minds. 100% free, with 1-2-1 confidential support with qualified counsellors and other professions. Whatever your issue, be it stress, insomnia, parenting, support for your child, a private chat about relationship issues, or anything else, give Changing Lives a call / text / email. This service is paid for by Winterton 2022 and is in association with Changing Lives and the National Lottery.

Call or text **07809737537** or wintertonchanginglives@gmail.com

Winterton Children and Young People Network

This has been set up as part of Winterton 2022 to engage with Winterton's younger audience. To enable the young people to develop holistically and work alongside them to facilitate their personal, social and educational development, to enable them to develop their voice, influence and place in society and to reach their full potential. We hope this will unite the younger community of Winterton to build relationships with the town and other generations. We want to encourage their creativity and let them have a voice to what events and activities they would like to see for the young generation in the town. This can include workshops, clubs, weekend events and more, it's down to them to give us ideas! We have set up a Facebook

, you can find the Winterton Children and Young People Network by searching @wcypn

Join our board!

We are looking for new members to join our steering group! Our group meets once a month - on zoom currently - to make decisions about the Winterton 2022 project. Come and have your say on the future of your town and make a difference to your community.

Contact kerrie.prowting@vanl.org.uk to get involved, or send us a private message on Facebook. For any queries about any further details get in touch!

Email: info@winterton2022.org.uk

Call us on: 01724 845155

Visit our website: www.winterton2022.org.uk

Facebook and Instagram: @Winterton2022



Winterton and District Lions

We hope everyone is staying safe and coping well with the covid regulations. We are all hoping that some sort of normality is in sight. Many of you will have had the covid 19 vaccination. Some of our members have been part of an army of volunteers helping at the Ironstone and Brigg vaccination centres.

The left hand photo below is of our President Paul presenting a cheque for £100 to Barton Salvation Army. They would normally have played their band round the Christmas tree on Christmas Eve but obviously were unable to this year, and the donation was to help compensate for what they would have received normally.

We are still working alongside our local Co-op and Tesco to collect food for the foodbank - which is ever more important at the moment with more families relying on food banks to survive. Thank you to everyone that has donated.

Stay safe everyone and hope to see you soon.



British Birds

- 1 Truncated dog
- 2 Eating action
- 3 An angling monarch
- 4 Perhaps hurts
- 5 Once an architect
- 6 One practiced toxophily
- 7 Metallic summit
- 8 This one doesn't hold mortar
- 9 A muddled French river
- 10 Upped each July
- 11 Beer type goes to the north
- 12 Bewildered ego in an upside-down pinch
- 13 John Wyndham's were lethal
- 14 Such a strange octave
- 15 Bad French cooking fat
- 16 Blow up a balloon
- 17 Alias windhover
- 18 'Hail to thee blithe spirit'
- 19 Grain measurement
- 20 Part of Puck's alias
- 21 Storage place with little headroom, perhaps
- 22 An English *foulque*
- 23 Sounds like a train's coming
- 24 Outdoor food
- 25 A bad-tempered bird?

Answers below



March Magazine

Please let me have copy for the March magazine by Wednesday, 17th February. Send it to me, Freda Berisford, email: fberis@gmail.com address: 5, West St, Winterton, N Lincs. You can dictate short notes by phone - 01724 732137.



1 eagle; 2 swallow; 3 kingfisher; 4 thrush; 5 wren; 6 sparrow; 7 goldcrest; 8 hawk; 9 heron; 10 swan; 11 bittern; 12 pigeon; 13 cuckoo; 14 avocet; 15 mallard; 16 puffin; 17 kestrel; 18 skylark; 19 chaffinch; 20 robin; 21 barn owl; 22 coot; 23 chough; 24 fieldfare; 25 grouse

Answers to British Birds



STAY SAFE IN THESE TOUGH TIMES WE ARE HERE TO HELP WHEN YOU NEED US

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- ♦ Servicing ♦ Bodywork Repairs ♦
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The Poirier Foundation

The New Year started very much in the same way as 2020 ended. We were extremely saddened to hear that Mr. Dudley Stansbury, a much valued sponsor, has passed away. Dudley has supported the Care Campaign since 2013 and in turn carried on with The Poirier Foundation when the services merged in December 2019. Dudley was such a perfect gentleman who strongly believed in our cause and the services we provide in the community.

We are most grateful to Mick & Kathy from The Shopping Village Café who are fulfilling our weekly meals orders. Lunch & Linger members along with Winterton Senior Forum members very much enjoyed superb Christmas dinners a few days before Christmas. Deliveries are made on Tuesdays and Thursdays. Anyone interested in ordering meals can contact Mick on 07963182261.

The Poirier Foundation was chosen for the next round of the Co-op Local Community Fund. The funding round started on 25th October 2020 and will run for 12 months until 23rd October 2021. So far the amount raised amounts to £53. Our project this year is to support our vulnerable members with provisions of transport and food shopping - especially during the winter. Members are unable to queue and also afraid of going to the shops. Please choose us as your local good cause by registering your choice on line or call 0800 023 4708.

The link is: <https://membership.coop.co.uk/causes/49715>.

Thank you to all our volunteers for their continued commitment, to Paul our taximan who has gone beyond the call of duty to sort out complicated situations and to all the Co-op staff for their assistance in preparing our orders. With the latest lockdown in mind we are still taking groceries orders for the Co-op. Paul continues with the deliveries. Prescriptions can be collected. Any more queries ring 733441 and we will do our best to solve problems.

Footcare clinics: To make an appointment please contact Hugo direct on 01724 645286. The next clinic will be on Monday, 22nd February.

Winter Support: So far so good. We have not had to do any snow clearing but some members of our team have been out to deal with ice.

Anyone able to support our work in any way is very welcome to get in touch. Please call 733441 for further information. We would dearly love to hear from people able to sponsor our taxi scheme required for people who are unable to use other transport, for instance for mobility reasons. We are most grateful for the receipt of a generous £500 donation from an anonymous donor who had seen our previous appeals for funds towards transport.

Covid vaccination has started and many of our very elderly members have found it most difficult and costly to get to Barton for their jabs. Thankfully with the arrival of the Oxford AstraZenica vaccine Winterton residents will be seen locally. We have offered volunteers to relieve NHS staff by assisting with the marshalling of sessions.

Nicki Mumby, Vice Chair



**THIS GARDEN FURNITURE SHOULD BE KEPT AWAY FROM DAMP
AND SUNLIGHT.**

40 Acts of Kindness for Lent

Hello Everyone,

Many of you will be aware that in the Christian calendar the middle of February sees the start of the season of Lent. It marks the 40 days Jesus spent in the wilderness, where the Bible tells us he was tempted by the Devil. Some of you may have previously marked Lent by 'giving up' something (e.g. chocolate, caffeinated drinks etc.). At a time when we are all needing to 'give up' a lot of things anyway, I thought it might be more positive to consider 'taking up a challenge' instead. In the wilderness, the Bible shows how Jesus faced the challenges with which he was presented. Rather than choosing the way of selfishness and greed, he chose the way of humility and kindness. I wonder if any of the 40 acts of Kindness listed below can be part of your daily life in the coming weeks?

With every good wish,

Rev Vicki Atkinson, (Minister of Winterton & Winteringham Methodist Churches)

BEING KIND TO YOURSELF

- Keep up your vitamin levels – make sure you have your 5 a day.
- Go for a walk (if current Covid restrictions permit) or do chair based exercises if you have limited mobility.
- Keep your brain active-find a crossword, wordsearch, number puzzle or something similar.
- Listen to music that you find uplifting or soothing.
- Look in your newspaper or turn on TV/radio news and try to notice items of good news first.
- Do something you find refreshing (eg. having a shower/bath, making a cup of tea)
- Do something that makes you feel special (eg. styling your hair/beard, doing your nails)
- Do something harmlessly silly (eg. watch a TV comedy programme, wear odd socks for the day).
- Treat yourself to something you like (Eg. a special cup of coffee, chocolate, a new book)
- Switch off your phone & create space for an uninterrupted quiet time to think and/or pray. Perhaps it would boost your mental wellbeing to begin by thinking of anything that you are thankful for

KINDNESS TO OTHER PEOPLE YOU DON'T KNOW

- Let a car out in front of you at a junction.
- Let someone in front of you in a queue.
- Wave at someone you pass by. (Smile if it is in a context where it is safe not to wear a mask).
- Wish a shop assistant/delivery driver 'good day'.
- Join in the 'Clap for Heroes' on Thursday evenings.
- Be the one who crosses the road/the aisle in the shop to enable social distancing.
- Hold the door open for someone.

but water, and eat nothing but water gruel, without salt or sugar. In three months time he was perfectly well.

Every morning cut up a little turf of fresh earth, and lying down, breathe into the hole for a quarter of an hour. I have known a deep consumption cured thus.

Take morning and evening, a tea-spoonful of white rosin powdered and mixed with honey. This cured one in less than a month, who was very near death.

Dropsy.

How amazingly little is yet known, even of the human body! Have not dropsical persons been continuously advised to abstain from drink as much as possible? But how can we reconcile this with the following undeniable facts, published in the late Medical Transactions?

Jane Roberts, aged twenty, was at length obliged to take her bed by a confirmed ascites and anasarca. In this desperate case, she drank as much as she would, first of small beer, and when that failed, of thin milk. After awhile her skin cracked in many places: and she continued drinking and leaking till she was quite well.

A middle-aged man in the West of England, drank every day five or six quarts of cyder; and without any other medicine was totally cured in a few week time of a dropsy long supposed to be incurable.

Pleurisy.

Pleurisy is a Fever attended with a violent pain in the side, and a pulse remarkably hard.

Take half a drachm of soot. Or, take out the core of an apple, fill it with white frankincense, stop it close with the piece you cut out, and roast it in ashes. Mash, and eat it.

Rheumatism.

Rheumatic pains are generally most violent as soon as you are warm in bed. But there is a Cold Rheumatism, which is most painful when the part is cold. Constant rubbing will cure this.

Rub in warm treacle, and apply to the part brown paper smeared therewith; change it in twelve hours.

Or, live on new milk whey and white bread for fourteen days. This has cured in a desperate case.

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**Cartridges take 1000 years to decompose. Donating yours
will stop them going to landfill and support Action For M.E.**

*per inkjet cartridge on our wanted list | see recycle4charity.co.uk/inkjetcartridges

Make a one off donation to a food bank or charity.

Create a 'Giving Jar' or equivalent where you can *regularly* put loose change that can be donated to a charity once full. You could also set household challenges such as 'No Complaining Day' - anyone moaning or complaining during that day has to put money in the jar!

It can look rather dull when the Christmas decorations come down. Is there a picture or something you could display in your window to make others smile as they walk past?

KINDNESS TO PEOPLE WHOM YOU KNOW

Give someone you haven't heard from in a while a phone call.

Give people opportunity to be listened to without interruption.

Send someone an IOU - promise to take someone out for coffee/ to the cinema/ to the beach when Covid restrictions are over.

Send someone a card to tell them how much you appreciate them (eg. a neighbour, shop assistant etc)

Get in touch to thank someone for being a good friend,

If you can think of a task that someone in your family does not like doing (eg putting the bins out) volunteer to do it yourself this week.

Is there something you are good at that you can safely share with others (Eg. Could you make a quiz, a cake or something to send to them)?

If you have a pet give them some fuss and attention. If you don't have a pet, capture the warmth of a furry friend by wrapping yourself in a cosy blanket.

If you live with someone else, let them pick a TV programme or film for you both to watch. If you don't live with someone, arrange with a friend to chat about a TV programme you have both watched.

If you live with someone else make them a cup of tea when they are busy or need a 'pick me up'. If you don't live with someone else, perhaps you can post 'afternoon tea' (eg a teabag or coffee sachet) in an envelope to a friend.

KINDNESS TO THE ENVIRONMENT

Investigate if there is a way to recycle something you are not sure how to recycle.

When you do your supermarket shop look for options with less packaging. Only put in the water you need when you boil the kettle.

Have a shorter shower/shallower bath.

Have a look in your wardrobe/bookshelf for items you might donate to a charity shop when they re-open or swap books/jigsaws/DVDs with a friend if you can find a safe way to do so.

Limit food waste – use up your leftovers.

Spend some time tidying up your garden or sorting your indoor plants.

Avoid leaving litter in the town or countryside.

Try not to use a car for journeys that can be made on foot.

Feed the birds - Take care of the birds in the cold winter weather and enjoy watching them come down to eat.

Winterton Disabled Club.

Life for our members has not changed much since the arrival of the New Year and a third lockdown. Everyone is feeling isolated and miss the companionship they enjoy at Club activities. There is a significant deterioration in most members' mobility and balance is becoming a serious problem. Sadly we had several having falls and needing hospitalisation.

We are still keeping in touch regularly with our members via phone calls and continue to provide them with fish and chips every two weeks to make up for the absence of regular meetings. Thank you to Ryan at Market Hill Fisheries for his continued support.

Nicki Mumby

News from Winteringham Methodist Chapel

In the January Magazine we gave an insight into our December campaign to raise food items for the Forge project in Scunthorpe, which is a day centre for homeless people and those who are deprived. Our whole village took part and we were able in the end to send two full van loads of food provisions given so freely by residents of our village so it's a huge thank you to everyone. The Forge has sent their thank yous for everyone's generosity.

PENNY APPEAL FOR WATER AID. This early in the year we are unable to predict what we are able to do this year due to Covid restrictions. May we at this point ask if you can put small coinage together for later in the year when we can send it to the WATER AID APPEAL. We see lots of water here in the U.K, but the appeal is aimed to help countries in the world who have very little or no water suitable for drinking. Over the years we have sent a large amount of money to this charity. We will give details of the collection point later in the year. Thank you for your support.

LOGOS you may wonder what a thing to write about, but look on your Bean can, Cornflake box and other famous branded names we are all familiar with - the m for yes, you have guessed correctly, the world wide burger brands McDonalds, Tesco, Coca Cola, are all brands we can associate with instantly, so a good logo gives us a quick clear message with not too much thought.

The Christian Church adopted the cross as its recognisable symbol and appears as a clear statement on lots of Christian logos. That Jesus our Lord died on a cross that our sins would be forgiven, so that is the crosses powerful message.

The Methodist Church depicts its Logo as a red ball with a white cross placed horizontally and vertically. This clearly gives out the message that everyone is welcome worldwide. The Star of David is another famous Logo or symbol used by Jews - a yellow coloured one had to be worn by Jews in Nazi occupied Europe during the war, telling others instantly what their religion was. Looking at the Star of David I have been asked on numerous occasions why the old Methodist Chapel on West End Winteringham has two large such stars cast in brick on the gable end: this place of worship ceases to be a Chapel yet the two Logos remain. Has anyone an answer to these Logos being placed where they are? Was the architect a Jew or did the people of Winteringham have some special ties with a Jewish community when the Chapel was being built? That thought is left with you ,may be someone as an answer.

Will Maw

WESLEY'S PRIMITIVE PHYSIC.

IT may not be generally known by the present-day body of Methodists that their founder, JOHN WESLEY, in addition to curing their spiritual ills prescribed for their bodily afflictions. The following recipes are taken from a little book published at the Wesleyan Conference Office, London, it was compiled by Wesley about the year 1747, and was very popular. In special cases he advised the calling in of "a Physician that fears God. From one who does not, be his fame ever so great, I should expect a curse rather than a blessing," such sentiments as these are entirely out of date now.

Baldness.

Rub the part, morning and evening, with onions, till it be red, and rub it afterwards with honey.

Boils.

Apply a little Venice turpentine; or, an equal quantity of soap and brown sugar well mixt; or, a plaster of honey and wheat flour.

Children.

To prevent the rickets, tenderness and weakness, dip them in cold water every morning, at least till they are eight or nine months old.

No roller should ever be put round their bodies, nor any stays used. Instead of them, when they are put into short petticoats, put a waistcoat under their frocks.

Let them go bare-footed and bare-headed, till they are three or four years old at least.

It is best to wean a child when seven months old. It should lie in the cradle at least a year.

No child should touch any spirituous or fermented liquor, nor animal food, before two years old.

Their drink should be water. Tea they should never taste, till ten or twelve years old. Milk, milk porridge, and water gruel, are the proper breakfasts for children.

Consumption.

One in a deep consumption was advised to drink nothing

News from Appleby WI

Hello everyone. We are now in 2021, Let's hope for a better year and that we are able to soon meet up once more. Plants and flowers in baskets were distributed before Christmas to members by Sheila, our President. Lovely surprise. Thank you to the Committee.

It's almost a year since we held a meeting. That was February 2020 and our speaker was Kate Brumby, author and poet.

January 28th 1944 Appleby formed its own WI. Each year we celebrate with an anniversary dinner. This year we will have reached 70 years but unfortunately, due to Covid restrictions, that is an event that we will not be celebrating. We do hope when things get back to 'normal', whatever that may be, we will once again meet and celebrate in our Village Hall.

Three of our regular members have not been well in the last few months. Our president Sheila has kept in touch with them and we look forward to seeing them in the near future at meetings. Sadly in December we lost one of our past members who was also treasurer at the time. Suzanne Fernando who had been unwell passed away. Villagers lined Paul Lane in a mark of respect for Suzanne. Thoughts go to her family. Suzanne was also an active member of the Village Hall Committee and helped with our yearly Fayre Day.

At last Appleby Village now has official right of way down Carr Lane and this connects us to the Ancholme. For those of us who like to walk and cycle in lovely countryside there is a pathway which will take you to Brigg along the Ancholme. Carr Lane will hopefully be resurfaced around February.

Finally, just to keep ladies of the WI up to date, Jennifer Nix, our Chairman for the Federation, has been keeping contact and rings Sheila for updates of our ladies wellbeing. The Federation for Lincs and Humber are still having regular Zoom meetings, business and activities. Anyone interested contact Gill at Brigg Office,

That's it for this month everyone. Please take care and safe. Thanks to Sheila and Ivor, Parish Council Chair, for their input. Obviously I struggle to contribute because we have no meetings at this time so their help us is a bonus.

Regards Jacky Appleby WI



Robin Shawyer recently sent me a copy of the 1904/1905 Lindsey Yearbook. The following advert and the article reproduced on pages 23 and 25 are taken from there.



St. Flavian of Constantinople.

All we know about Flavian (feast day February 17th) before he became Archbishop of Constantinople in 446, is that he was a presbyter of the church in Constantinople and well known as a holy man. But the constant dissension during the three years when he was archbishop is fully recorded. The trouble started as soon as Flavian was appointed. At that time it was quite common for newly appointed clerics to give their king or emperor gifts (bribes really), to curry favour with them.

Emperor Theodosius II's chancellor Chrysaphius, who wasn't keen on Flavian anyway, asked Flavian to give 'gifts' to Theodosius. Flavian offered bread that had been blessed. Chrysaphius refused it, saying the emperor wanted gold. Flavian wouldn't give him gold: it was wrong to dispose of church treasures in such a way he said. From then on the two men loathed one another. And it put Theodosius in an awkward position, because while his sister Pulcheria supported Flavian, his wife Eudocia sided with Chrysaphius. One can imagine Theodosius tearing at his hair, begging to be delivered from his womenfolk.

For a couple of years the plots Chrysaphius and Eudocia hatched up to discredit Flavian failed. This changed when Eusebius, Bishop of Dorylaeum, (an ancient town in north west Turkey), accused Eutyches, an archimandrite (a sort of superior abbot, overseeing several other abbots) who was busy preaching his own brand of Christianity around Antioch, of heresy. Flavian was forced to call a council of bishops to judge Eutyches. They found him guilty of heresy, but Flavian wanted to go easy on him so long as he'd swear to keep to the orthodox view on the nature of Christ. As Eutyches refused to do so, Flavian had no option but to excommunicate him. Flavian sent a report of the council proceedings to Pope Leo I, who approved this decision.

Now Eutyches was a relative of Chrysaphius, who was naturally very ready to support Eutyches when he complained that his excommunication was unjustified. Helped by the see of Alexandria (a deadly rival of Constantinople ever since the latter had been officially declared next in dignity to Rome) Chrysaphius persuaded Theodosius to call another council, this time headed by Discorus, Bishop of Alexandria. Not surprisingly this one declared that Flavian and the bishops who'd found Eutyches a heretic had been wrong. Flavian was deposed and died three days later, probably of rough handling. Pope Leo condemned the council's decision but it was two years before the actions of what became known as "The Robber Council" were annulled and Flavian was recognized as a saint and martyr.



BARGAIN BASEMENT UPSTAIRS

Services at All Saints', Winterton

At the moment we have no idea what will happen in February. Will we still be in Tier 3? Whatever happens, as usual the 10.45 Sunday service will be streamed live and be available on Facebook, YouTube and via our website.



SUNDAY READINGS FOR FEBRUARY- MARCH 2021

7 February 2 before Lent

Proverbs 8: 1, 22- 31; Colossians 1: 15- 20; John 1: 1- 14.

14 February next before Lent

2 Kings 2: 1- 12; 2 Corinthians 4: 3- 6; Mark 9: 2- 9.

17 February Ash Wednesday

Joel 2: 1- 2, 12- 17; 2 Corinthians 5: 20b- 6: 10; John 8: 1- 11.

21 February 1 of Lent

Genesis 9: 8- 17; Peter 3: 18- 22; Mark 1: 9- 15.

28 February 2 of Lent

Genesis 17: 1- 7, 15- 16; Romans 4: 13- 25; Mark 8:31- 38.

7 March 3 of Lent

Exodus 20: 1- 17; 1 Corinthians 1: 18- 25; John 2: 13- 22.



Events at All Saints' in 2021

The excellent news about the COVID-19 vaccination roll-out is most welcome. But we do not think it sensible to plan community events too early in 2021 as many people will not receive their vaccination for some months to come. Also the church will not have a permanent toilet available between April and June 2021, while the new extension is joined to the church via the North Porch.

Please note the following dates in your diary for 2021.

Saturday, 15th May - 2.30 p.m.: Piano Recital with Caroline Baines. Free entry.

Saturday, /Sunday, 24th /25th July: Open Gardens of Winterton [Please note this is a week later than the mid-July weekend usually chosen]

Sunday, 14th November - evening: Abba Tribute [please note change of date - full details later]

We hope to plan a 'normal' range of events from September onwards as in previous years.



Did you know that Liverpool's Anglican cathedral, begun in 1908 to a design by George Gilbert Scott, was only completely finished in 1978. David Sheppard (former test cricketer) became bishop of Liverpool in 1975. He retired in 1997 and died in 2005.

Desperate Need for Help

All Saints' at Winterton desperately needs your support. Help us get 2021 off to a great start for All Saints' Church - Winterton PCC by signing up to support us for FREE on #easyfundraising. You can raise donations whenever you shop online with over 4,300 retailers including John Lewis & Partners, eBay, Argos, ASOS, M&S and more. This will make a BIG difference to us during this difficult time. Please sign up today: https://www.easyfundraising.org.uk/causes/ascwinterton/?referral-campaign=c2s&utm_source=refsharebox

Monthly Envelopes and Donations by Card

During the period while services are streamed from All Saints' there are no congregational collections, obviously. Those who make donations by bankers order continue to assist the church financially. Those who use envelopes for their donations are asked, if possible, to put them through the letter-box at 31, Earlsgate, Winterton.

An alternative for anyone is to donate by card online using the All Saints' donations page at <https://givealittle.co/campaigns/30f30163-7752-4558-b885-fc41cb7783c7> The church badly needs your help as expenses continue even when the church has no services or community events taking place.



Saint George Herbert

George Herbert, whose day we observe on 27th February, was born in Wales in 1593. He was a younger brother of Edward Herbert, 1st Baron of Cherbury. After a period as an outstanding scholar at Trinity College, Cambridge and as Public Orator for the University from 1619-27, he acted as MP for Montgomery from 1624-25. He then turned towards the religious life, was ordained a priest in 1630 and thereafter held the living of Bemerton, Wiltshire, until his death in 1633. Throughout his adult life he wrote poetry, some of which was published posthumously as *The Temple: Sacred Poems and Private Ejaculations*. He also wrote a prose work for the guidance of rural clergymen called *A Priest to the Temple, or The Country Parson*.

Saint Walburga

Walburga (feast day 25th February) was born in Wessex c.710. When young she was a nun at Wimborne. Later, with her brothers Willibald and Winebald she joined Boniface's mission to convert the heathen Germans. When a double monastery was founded at Heidenheim, Winebald was appointed head of the monks and Walburga of the nuns, and after Winebald died she ruled the entire monastery until her death in 779. She was buried there, but later re-buried at Eichstätt. Walburga became confused with Waldborg, a pagan fertility goddess. On Walpurgis Night—the eve of May 1, the day her relics moved to Eichstätt—witches are believed to rendezvous in the Harz mountains.