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salvation, that among the changes and chances of  
this mortal life, we may always be defended by your  
gracious help, through Jesus Christ our Lord. Amen.

O gracious and holy Father, give us wisdom to  
perceive you, diligence to seek you,  
patience to wait for you, eyes to behold you,  
a heart to meditate upon you,  
and a life to proclaim you,  
through the power of the spirit of Jesus Christ our  
Lord. Amen.

### **Before going to sleep**

God our Father, by whose mercy  
the world turns safely into darkness and returns  
again to light:  
we place in your hands our unfinished tasks,  
our unsolved problems, and our unfulfilled hopes,  
knowing that only what you bless will prosper.  
To your love and protection  
we commit each other and all those we love,  
knowing that you alone are our sure defender,  
through Jesus Christ our Lord. Amen.

### **Prayer for Those Seeking God**

God be in my head, and in my understanding;  
God be in my eyes, and in my looking;  
God be in my mouth, and in my speaking;  
God be in my heart, and in my thinking;  
God be at my end, and in my departing **Amen.**

*Sarum Primer*

### **Prayer for Others**

Teach us, good Lord,  
to serve you as you deserve;  
to give and not to count the cost;  
to fight and not to heed the wounds;  
to toil and not to seek for rest;  
to labour and not to ask for any reward,  
save that of knowing that we do your will.

*St Ignatius Loyola*

### **Prayers for the Departed**

O Father of all, we pray to thee for those whom we  
love, but see no longer. Let light perpetual shine  
upon them; and in thy loving wisdom and almighty  
power work in them the good purpose of thy  
perfect will; through Jesus Christ our Lord. **Amen.**

*Book of Common Prayer (1928)*

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**Coronavirus - Prayer Sheet**  
**Please take this prayer sheet home**  
**with you if you use it**

### **Prayers about the outbreak**

Keep us, good Lord,  
under the shadow of your mercy  
in this time of uncertainty and distress.  
Sustain and support the anxious and fearful,  
and lift up all who are brought low;  
that we may rejoice in your comfort  
knowing that nothing can separate us from your  
love in Christ Jesus our Lord. Amen.

Lord Jesus Christ,  
you taught us to love our neighbour,  
and to care for those in need  
as if we were caring for you.  
In this time of anxiety, give us strength  
to comfort the fearful, to tend the sick,  
and to assure the isolated  
of our love, and your love,  
for your name's sake. Amen.

God of compassion,  
be close to those who are ill, afraid or in isolation.  
In their loneliness, be their consolation;  
in their anxiety, be their hope;  
in their darkness, be their light;  
through him who suffered alone on the cross,  
but reigns with you in glory,  
Jesus Christ our Lord. Amen.

### **For those who are ill**

Merciful God, we entrust to your tender care  
those who are ill or in pain,  
knowing that whenever danger threatens  
your everlasting arms are there to hold them safe.  
Comfort and heal them,  
and restore them to health and strength;  
through Jesus Christ our Lord. Amen.

### **From one who is ill or isolated**

O God, help me to trust you,  
help me to know that you are with me,  
help me to believe that nothing can separate me  
from your love  
revealed in Jesus Christ our Lord. Amen.

### **For hospital staff and medical researchers**

Gracious God,  
give skill, sympathy and resilience  
to all who are caring for the sick,  
and your wisdom to those searching for a cure.  
Strengthen them with your Spirit,  
that through their work many will be restored to  
health; through Jesus Christ our Lord. Amen.

### **For the Christian community**

We are not people of fear:  
we are people of courage.  
We are not people who protect our own safety:  
we are people who protect our neighbours' safety.  
We are not people of greed:  
we are people of generosity.  
We are your people God,  
giving and loving, wherever we are,  
whatever it costs  
For as long as it takes wherever you call us. Amen.

### **Prayers with children**

#### **A prayer for when a friend is ill**

Dear God, (*name of friend*) is ill.  
They are not allowed to go to school or come over  
to play.  
I'm sad because I miss them.  
They must be feeling miserable and lonely as well.  
Please be close to them.  
Please be with the people who are looking after  
them.  
Please help them to get better and to know that  
you love them. Amen.

#### **A prayer for the world**

God of love and hope,  
you made the world and care for all creation,  
but the world feels strange right now.  
The news is full of stories about Coronavirus.  
Some people are worried that they might get ill.  
Others are anxious for their family and friends.  
Be with them and help them to find peace.  
We pray for the doctors and nurses and scientists,  
and all who are working to discover the right  
medicines to help those who are ill.  
Thank you that even in these anxious times,  
you are with us. Help us to put our trust in you and  
keep us safe. Amen.

#### **A prayer at bedtime**

Before the ending of the day,  
Creator of the world, we pray  
That you, with steadfast love, would keep  
Your watch around us while we sleep.

Tonight we pray especially for (*names family or  
friends who are affected by Coronavirus*) and the  
people of (*country or place which is affected by  
Coronavirus*).

Please give skill and wisdom to all who are caring  
for them. Amen.

### **A prayer remembering God is with us**

Lord God, you are always with me.  
You are with me in the day and in the night.  
You are with me when I'm happy and when I'm sad.  
You are with me when I'm healthy and when I'm ill.  
You are with me when I am peaceful and when I am  
worried.  
Today I am feeling (*name how you are feeling*)  
because (*reasons you are feeling this way*).  
Help me to remember that you love me and are  
with me in everything today. Amen.

### **Personal prayers**

Lord Jesus Christ, you said to your disciples,  
'I am with you always'.  
Be with me today, as I offer myself to you.  
Hear my prayers for others and for myself,  
and keep me in your care. Amen

Christ be with me, Christ within me,  
Christ behind me, Christ before me,  
Christ beside me, Christ to win me,  
Christ to comfort and restore me.  
Christ beneath me, Christ above me,  
Christ in quiet, Christ in danger,  
Christ in hearts of all that love me,  
Christ in mouth of friend and stranger. Amen.

O God, the protector of all who trust in you,  
without whom nothing is strong, nothing is holy:  
increase and multiply upon us your mercy;  
that with you as our ruler and guide,  
we may so pass through things temporal  
that we lose not our hold on things eternal;  
through Jesus Christ our Lord. Amen.

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