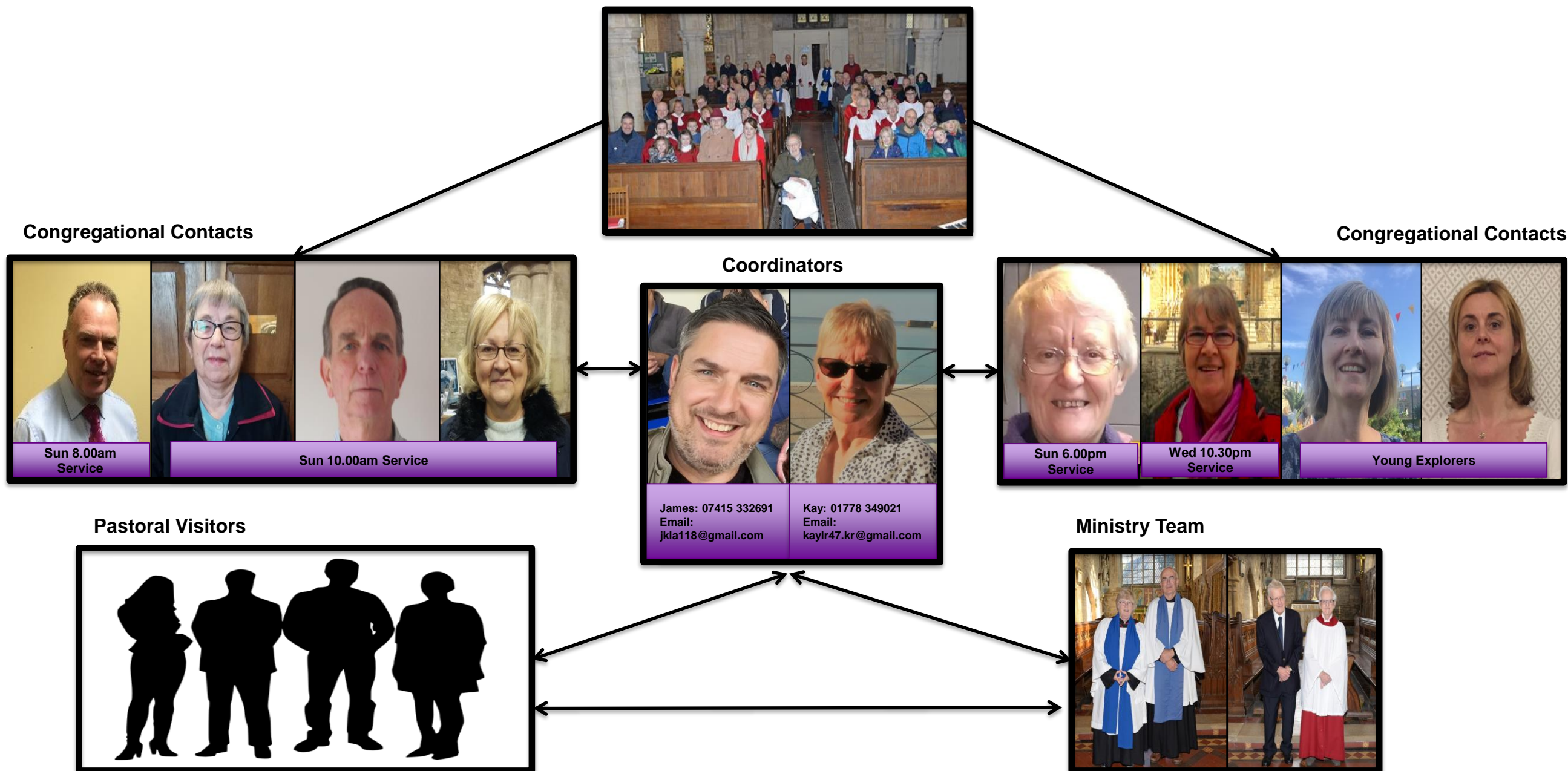


# St Guthlac – Wellbeing Group

This group provides a framework to help us identify when members of our congregation or groups are absent or are in need of pastoral care. We can then reach out to ensure that they are well and that their pastoral needs are being met.

All of us have a part to play in helping care for one another. Any messages of concern can be passed to the Wellbeing Group and appropriate pastoral support will then be arranged.



## Wellbeing Group Roles & Responsibilities

- **All at St Guthlac** – Being mindful of the needs of others and report to the Wellbeing **Congregational Contacts** and/or **Coordinators** any concerns they have for people who are absent from the Church and/or associated groups
- **Congregational Contacts & Leaders of groups e.g. MU / Soup and Social** – Be aware of who belongs to “their” congregation or group and notice if they are absent or in need of pastoral care and pass on this information to the **Coordinators**
- **Coordinators** – Be the point of contact for any person with a pastoral concern about themselves or others. Liaise with each other and the **Ministry Team** (priests and readers)
- **Pastoral Visitors** – Work with the **Ministry Team** to deliver pastoral care. This framework acknowledges that the most valuable visiting is friends visiting friends and this group supports and encourages that on-going activity